

# Keep Your Voice and Movements Alive



## Amplify your life with LSVT LOUD and LSVT BIG!

- **LSVT®** stands for Lee Silverman Voice Treatment.
- **LSVT LOUD®** is our speech therapy program.
- **LSVT BIG®** is our physical or occupational therapy program.
- **LSVT LOUD** and **LSVT BIG** are globally recognized as evidence-based therapies to improve communication, mobility, activities of daily living, and quality of life in people with Parkinson's disease (PD).

## LSVT LOUD and LSVT BIG - Why They Work



### Research-based

Have confidence that the LSVT therapies work with over 30 years of published research!



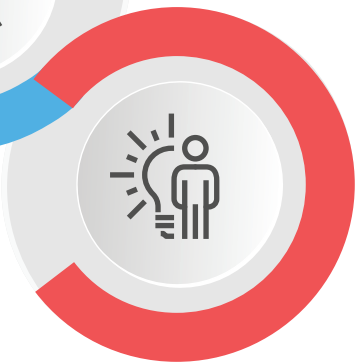
### Parkinson's-specific

Override small, slow movements and soft, mumbled speech with BIG and LOUD exercises.



### Function-focused

Go beyond general exercise - LSVT LOUD and LSVT BIG integrate "real-world" activities for communication, mobility, and everyday tasks.



### Personalized

Individualized treatment goals: Get up from that low sofa, button your shirt in record time, or be understood on the phone and in meetings. You are in charge!

# How to Find LSVT Certified Clinicians

There are over 50,000 LSVT Certified speech, physical and occupational therapists in 80 countries. Find one near you!

**Search our Directory**

[www.lsvtglobal.com](http://www.lsvtglobal.com)



**Contact Us**

[info@lsvtglobal.com](mailto:info@lsvtglobal.com)

1-888-438-5788 (toll free)

1-520-867-8838 (direct)

## Free Educational Resource Center

View our free webinars on topics related to Parkinson's and the LSVT programs. Explore LSVT videos and stories from patients and clinicians. Read the published research. And more!



## Maintain Your Gains With LSVT for LIFE



A new virtual exercise platform created for people who have completed the four-week/16 session LSVT LOUD or LSVT BIG treatments.

**Sign up today for our 30-day new member free trial!**

- Fun, interactive virtual-live group exercise classes.
- On demand LOUD for LIFE and BIG for LIFE classes
- LSVT Homework Helper Videos
- Functional Tips Videos

Learn more at [www.lsvtforlife.com](http://www.lsvtforlife.com)



**Note:** LSVT LOUD/LSVT BIG and LOUD for LIFE/BIG for LIFE are the only product names associated with these evidence-based and highly effective treatments for people with Parkinson's.



**Innovation in Science. Integrity in Practice.**